

## What are Care Kits?

Care Kits include new travel sized hygiene items and non-perishable snacks for our neighbors living on the streets. PATH street outreach teams distribute Care Kits to our neighbors experiencing homelessness and use them as an engagement tool to build relationships.

## How are Care Kits Assembled?

Below are suggested items for women's and men's care. The most useful way to assemble and distribute these items is in 1-gallon plastic bags. You are welcome to personalize kits with note cards, but we ask that you refrain from including personal contact information.

### Women's Hygiene Items

- Anti-bacterial wipes
- Mouth wash & gum
- Dental floss
- Toothbrush & toothpaste
- Deodorant
- Women's socks and underwear
- Hand sanitizer
- Lip balm
- Lotion/sunscreen
- Shampoo & conditioner (dry shampoo is preferred)
- Nail clippers
- Razor
- Shaving cream
- Hair ties & comb
- Feminine hygiene products

**OR**

### Men's Hygiene Items

- Anti-bacterial wipes
- Mouth wash & gum
- Dental floss
- Toothbrush & toothpaste
- Deodorant
- Men's socks, underwear and under shirts
- Hand sanitizer
- Lip balm
- Lotion/sunscreen
- Shampoo & conditioner (dry shampoo is preferred)
- Nail clippers
- Razor
- Shaving cream
- Comb

**AND**

### Non-Perishable Snacks

- Granola bars
- Mini cereal boxes
- Nuts
- Dried fruit
- Crackers
- Pretzels
- Jerky
- Mini water bottles

## Where Can We Donate?

To schedule drop offs, please contact [pathvolunteers@epath.org](mailto:pathvolunteers@epath.org). All drop offs must be scheduled 24 hours in advance at our West LA or LA interim sites.

All donations are gratefully acknowledged with a receipt for tax purposes. Community service hours can be verified if desired. Due to limited transportation and storage, PATH is unable to pick up donations.

